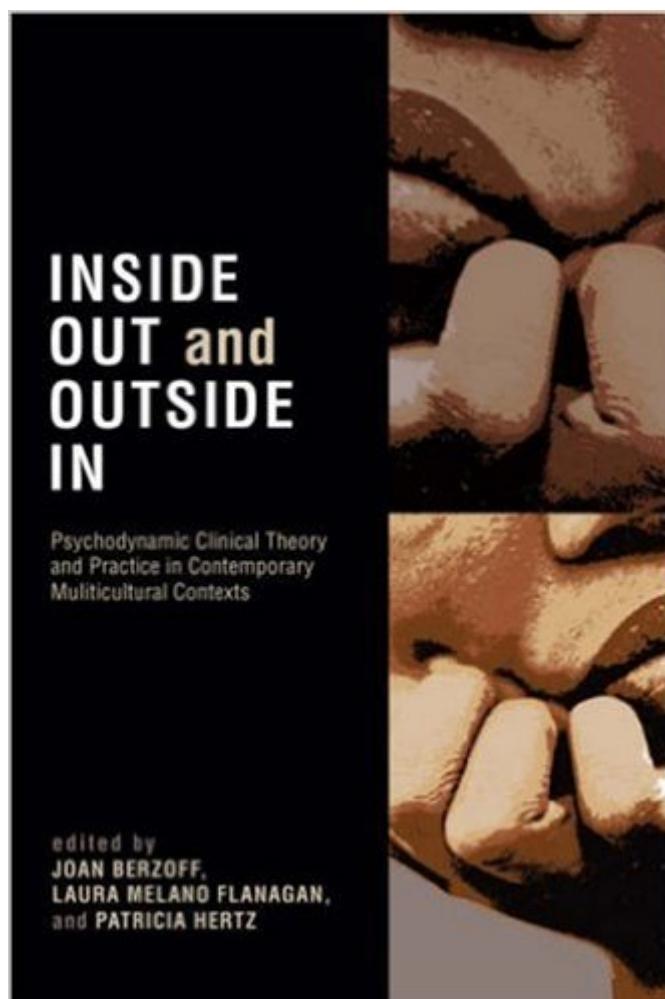


The book was found

Inside Out And Outside In: Psychodynamic Clinical Theory, Practice, And Psychopathology In Multicultural Contexts



Synopsis

A third edition of this textbook is now available. With its simple, respectful, user-friendly tone, the first edition of Inside Out and Outside In quickly became a beloved book among mental health practitioners in a variety of disciplines. The second edition continues in this tradition with chapters revised to reflect the most current theory and clinical practice. In addition, it offers exciting new chapters, on attachment, relational, and intersubjective theories, respectively, as well as on trauma.

Book Information

Paperback: 476 pages

Publisher: Rowman & Littlefield Publishers; 2 edition (November 27, 2007)

Language: English

ISBN-10: 0765704323

ISBN-13: 978-0765704320

Product Dimensions: 6.1 x 1 x 9.4 inches

Shipping Weight: 1.4 pounds

Average Customer Review: 4.9 out of 5 starsÂ See all reviewsÂ (9 customer reviews)

Best Sellers Rank: #708,766 in Books (See Top 100 in Books) #83 inÂ Books > Medical Books > Psychology > Ethnopsychology #1337 inÂ Books > Textbooks > Social Sciences > Psychology > Clinical Psychology #1526 inÂ Books > Textbooks > Social Sciences > Psychology > Psychopathology

Customer Reviews

This book is a great condensation of some of the most important theories and therapeutic approaches within the contemporary psychodynamic clinical orientation. It is an survey text that introduces and gives you the main ideas and thinkers for each current of psychodynamic therapy. You are not going to find every single detail, but it paints each approach clearly, and succinctly. If you need to clear your mind of the "evidence based" approaches so prevalent in the US and want to get a solid introduction on in-depth therapeutic approaches that are still alive in the US, and that the rest of the world uses widely, read this book. I got the text for a class in my graduate Clinical Social program. I keep one in my office at the clinic to read when I get a break.

Yes this was a required textbook. But it was definitely my favorite required textbook. so well written to be informative and interesting. I have saved it and used it as a reference and for other classes as well

Reading this book for my Psychodynamic Theories class. I'm about half way through the book now and so far is clear and understandable. It takes you from the beginning so no worries if you don't have a lot of understanding of these theories already. At the same time is is an enjoyable read and drops a lot of names of the early theorists so you can go search for more info on your own.

It seems unfair to fault this work for being brief, but that's it's problem. The authors do a terrific job of describing (and evaluating) the contributions of Freud's students. One might wish for a slightly less politically correct assessment of certain theorists' contributions--certain writers date themselves, and don't need the authors to point out, quite so thoroughly, how they're dated. The organization of the book is very helpful--there are chapters on Ego Psychology, Object Relations, Self Psychology. Klein is very well and clearly explicated. There are two very helpful chapters at the end of the book on characterological disorders (one on Borderline, one on Narcissistic). I would have liked a little more on some of the people *I* find difficult, such as Lacan, Alice Miller, Julia Kristeva. But if you're looking for a highly intelligent and readable historiography of psychodynamics, this is the book for you.

Some highlighted pages from previous buyer but still okay to read through.

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